

The Children's Family Trust Children's Guide



“My Welcome Book”



Hello ...



... and welcome to the
Children's Family Trust!



This special book is for
You to fill in and keep



All About Me

My name is

I am years old

Put your photo here

My birthday is on

Things I like doing

.....

Things I am good at

.....

Things I don't like doing

.....

Food I like

.....

Food I don't like

.....

About my foster family

My foster carer(s) are called

.....

Address I am living at is:

.....

.....

Put photo of foster
carer(s) here

My telephone number is:

.....

Other people who live here are:

.....

Pets are called:

.....

Things I like about living here:

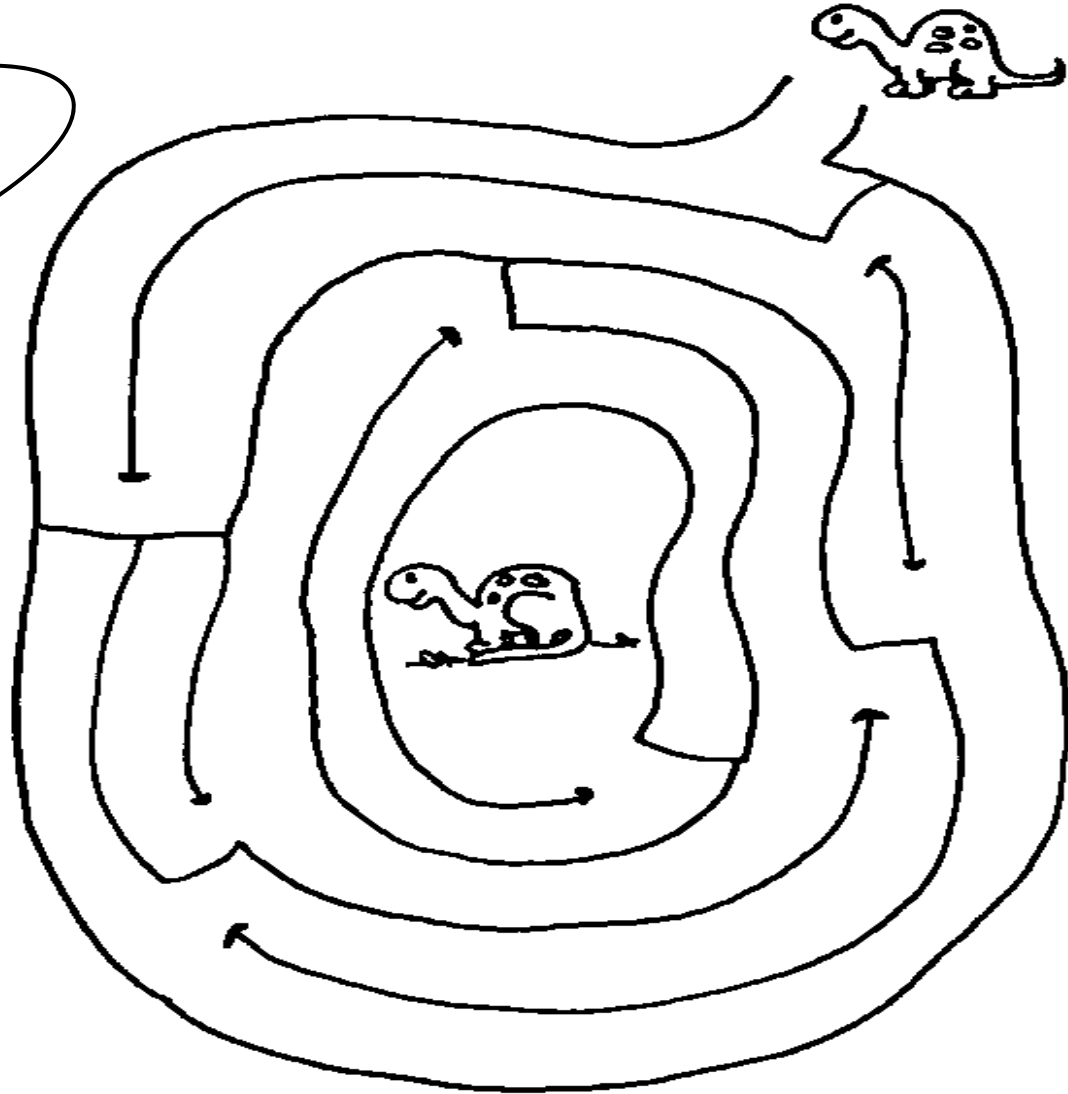
.....

Things I dislike about living here:

.....

Maze Puzzle

Can you help little dinosaur
find the way to his friend?



Feeling Happy and Safe



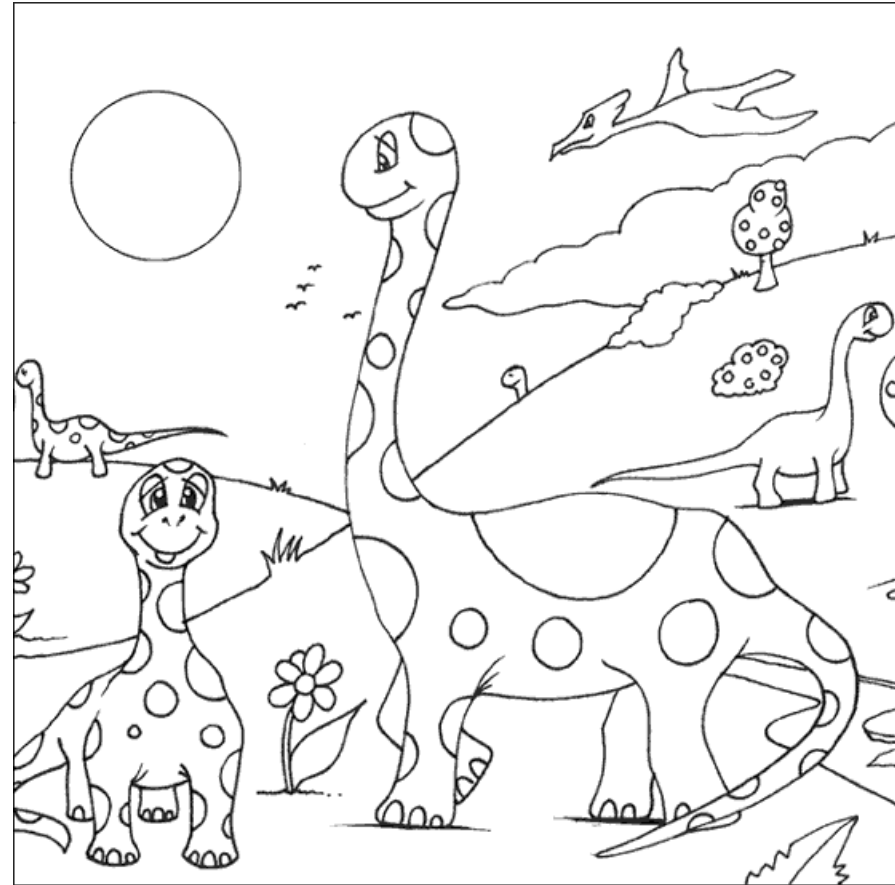
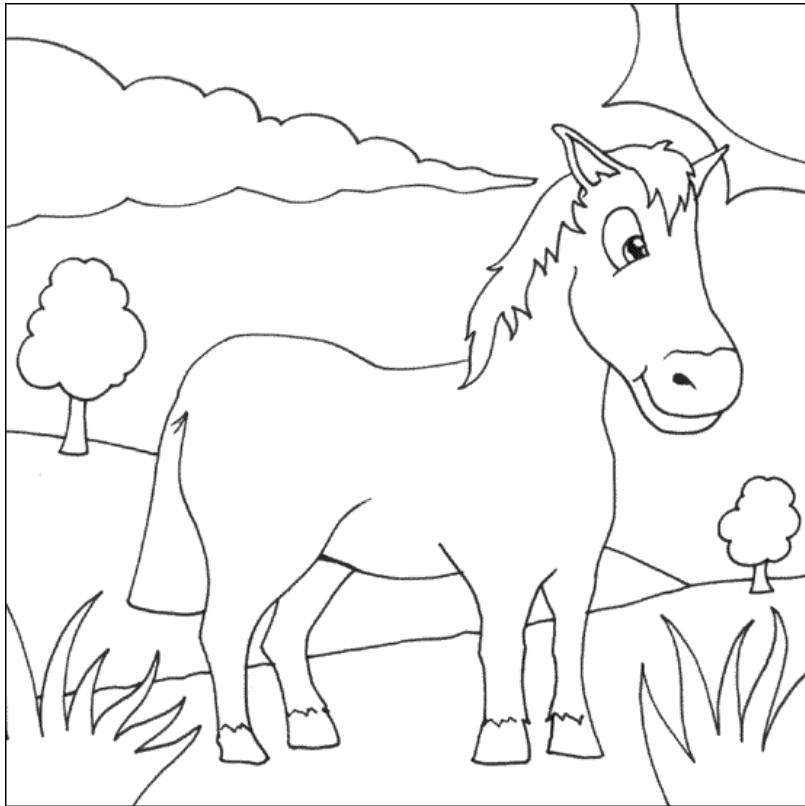
We want you to have food that you like and nice clean clothes and to be HAPPY and feel SAFE in your foster placement.



If you don't feel HAPPY and SAFE or you are WORRIED about anything at all, you can talk to:

Your social worker,
the social worker from the Children's Family Trust,
your foster carer(s),
or a teacher at school.

Pictures for you to colour in !!!



* * * * *

My WOWs !!!



Write down things you have done that you are proud of

A yellow scroll of paper with ten horizontal dotted lines for writing. The scroll is unrolled from the bottom and rolls up to the right.A yellow scroll of paper with ten horizontal dotted lines for writing. The scroll is unrolled from the top and rolls up to the right.

WELL DONE !!!

Telephone numbers and addresses



Don't feel worried ...
give us a call



The social worker at the Children's
Family Trust is called:

.....

Their address is:

The Children's Family Trust
Regional Office Address Here

Tel:

E-mail:

My Social Worker's name is:

.....

Their address is:

.....

.....

.....

.....

Tel:

.....

E-mail:

.....

Other important telephone numbers



Here are some more telephone numbers which we give to all children in foster care ... your social worker or the social worker from the Children's Family Trust will explain what they are for



Childline: 0800 1111. Website: www.childline.org.uk

NSPCC Child Protection Helpline: 0808 800 5000. Website: www.nspcc.org.uk

National Youth Advocacy Service: 0808 808 1001. Website: www.nyas.net

Independent Reviewing Officer:

E-mail:

Children's Commissioner for England –
0800 528 0731.

Website: www.rights4me.org

Ofsted – 0300 123 1231

What to do if you need help...

If you have a problem that you don't feel like you can talk to your foster carer about you can talk to your Social Worker or the Trust Supervising Social Worker instead.



If you don't feel like you can talk to any of those people, you can contact us by using the postcard included in this pack. All you need to do is write you name and the date (If you know it) and pop the card in a post box near your house. The card already has the address of our office on and a stamp. We will receive this postcard and know that you want to speak to us.



This is the end of your book! We hope you are very happy in your placement and enjoy where you live... why don't you use the space below to draw a picture of where you are living or draw something special to you. Goodbye!

